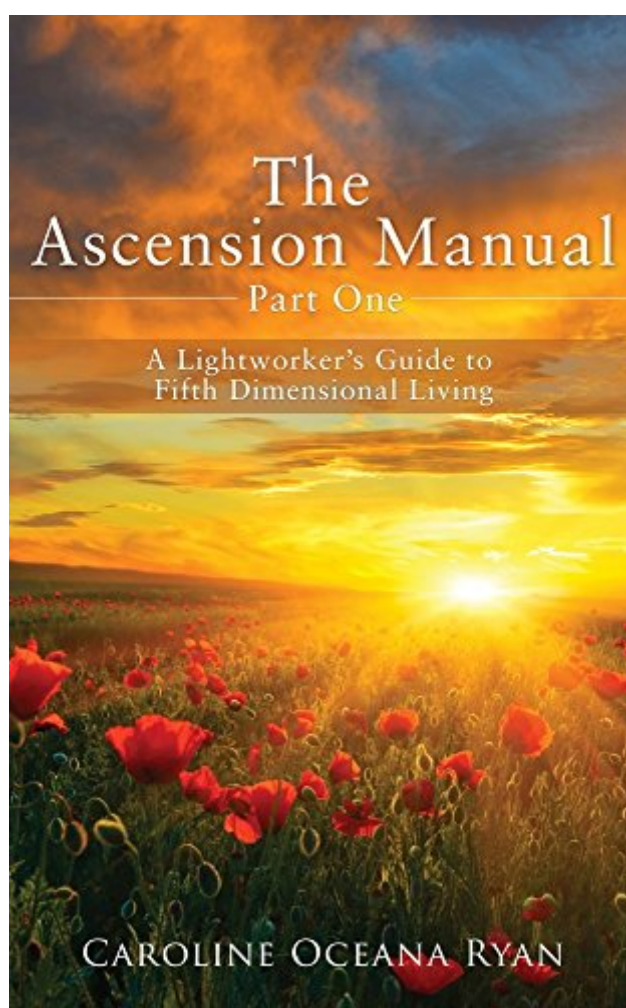


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# The Ascension Manual: A Lightworker's Guide To Fifth Dimensional Living (The Ascension Manual Series Book 1)



## Synopsis

“From the moment I started reading The Ascension Manual, I couldn’t put it down. I highly recommend this book for those who want a simple yet content-rich read that imparts wonderful wisdom to the reader.” - Emmanuel Dagher, bestselling author of Easy Breezy Miracle  
“This book is so awesome! I can’t put it down! It answers So Many Questions we all have about Life, the Universe and everything. I highly recommend everyone read this. As we are already in 5D, we had better figure out how the Universe works. It is from the high heart!” - Rama Arjuna, BBS Radio Co-host, Hard News on Friday, The True History, and Stargate Roundtable - [www.2013rainbowroundtable.ning.com](http://www.2013rainbowroundtable.ning.com)  
“If you’re looking for a detailed channeled book that addresses nearly every key aspect of our ongoing shift into a higher consciousness, look no further than The Ascension Manual. The Collective debut a powerhouse of channeled guidance. We’re going through the greatest shift mankind has ever known. The advice offered in The Ascension Manual aims to describe and help us through these changes. Helpful for anyone who’s struggled with the heavier aspects of this evolutionary process.” - Wes Annac, [www.CultureOfAwareness.com](http://www.CultureOfAwareness.com)  
“The vibration is loving, positive and hopeful. The book is both spiritual and practical and will appeal to a wide audience. I recommend it to anyone looking for reassurance and comfort during this extraordinary time of Ascension on the Earth plane.” - Sierra Roberts, author of Welcome to the 5th Dimension, [www.ascensionthoughts.blogspot.co.nz](http://www.ascensionthoughts.blogspot.co.nz)  
“The Ascension Manual comes at an important time in our journey. The readings offer a nautical map that intellectually makes sense, and helps to anchor the rising expansive energies.” - Cathy Vansant, Lightworker  
A practical and inspiring guide for the millions of Lightworkers helping to build the New Earth. The first book in a new series, The Ascension Manual - Part One is a collection of channelings from the Collective, a group of fifth and sixth dimensional beings known to many from the weekly “Message to Lightworkers” channelings. They are assisting Earth and humanity in adjusting to the higher frequencies of the Golden Age. Each chapter carries a special gift of Light and higher energies, and offers the Collective’s wisdom, encouragement, and guidance on issues such as: Money and Abundance, Life Partner Relationships, Food and Eating, Manifesting What You Desire, Releasing Third Dimensional Thoughts and Emotions, Releasing Third Dimensional Outer Forms. Many other Ascension / Life issues. For those navigating the often challenging Ascension path into fifth dimensional living, this is practical, wise, and encouraging higher guidance. Excerpt from Chapter 1 - On Money and Abundance: You do not

“owe” anything to anyone, and never will ... For you are all Creators, all here on a grand journey of thought and feeling and creative expression. And in this Universe, thought backed powerfully by feeling—in this case, the realization of the miracle of abundance, and its constant presence in your life—is what creates. Never believe it is “difficult” to create one form of abundance any more or less than any other! How could this be so, when you have within you the power that creates worlds? How could it be difficult for an eternal being, made of Love itself, to hesitate and draw back from the very real role of creating that which they desire so much? You were once forced to abdicate your roles as Creators. But you can reclaim such now. The time is right, and the Universe awaits your stepping up to reclaim that which you are and are able to do ...

## Book Information

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## Customer Reviews

I love The Ascension Manual! I found it quite enlightening in its breadth and depth covering the topic. As always, I very much look forward to Caroline's next adventure in sharing her talent and insight with us.

Very light reading to a profound issue. The book presents the issues in a very simple way. Great help in understanding life.

I loved this book. I am looking forward to the next volume.

This book was awesome. I enjoyed reading it and feel it is thought provoking. I look forward to the next book.

Loved the book. Opened my mind to a new outlook on my life experience here on Earth. Enjoyed the quick read...waiting for Part Two.

This is a very short "book;" more like an essay. I appreciate the author taking the time to write down her thoughts and guidance, but . . . Good for the just freshly awakened, but if you've been at this for awhile, this might leave you wanting more.

Caroline has written a wonderful manual. I highly recommend for those beginning on the path (waking up) to read this and put to practice.

For all beings from all star systems. A true work of light and calming and certain words for uncertain times.

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